

SUSTAINABILITY DEVELOPMENT REPORT

THINK PEOPLE - THINK COMMUNITY - THINK PLANET





October 2023

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Introduction



The majority of businesses, even in modern times, have the belief that for reaching the success the only which is needed is an innovative idea and hard work. In the context of contemporary reality with such intense competitiveness the existence of an action plan with guidelines and operating lines to become sustainable business is required.

Mythos Beach Resort, having as main target the sustainable operation and development, drafted the following sustainability report in which you can see some of our activities and actions to support the local community, creating

better working conditions, the provision of quality services etc. Generally, we manage to strengthen more and more the economic, social and environmental nature of the enterprise through faithful implementation of a series of policies.

All these achievements are due to the big help of our external partners who bring the essentials to achieve all these through a criteria list and I refer, of course, to the sustainable management certification programs but primarily is an achievement of all the employees of Mythos Beach Resort.

In the following pages you can read about our work in relation to the environment. We believe that in the future, it will be even more important to offer sustainable tourism accommodation and we want to continue to be "first in mind and first in choice". Environmental considerations are part of a successful future at home and on holiday and make an important contribution to preservation of the natural environment.

I invite you to read more about our achievements in this report and welcome your feedback: <u>mythos.manager@marissolhotels.gr</u>.

Thank you for your interest in us!

Stavros Panayides General Manager Mythos Beach Resort

About Us



Maris Sol Hotels is one of the top hotel chains in Rhodes, Greece.

We have selected the best sunspot Hotels, *Hotel* and *Beach Resorts* on the island, especially in the two popular tourist destinations of Rhodes, namely Afandou and Faliraki.

We are offering them with a commitment to superior services, personal touch and individuality. The Homogeneous standard of services and our devotion to professionalism are the tokens of our success. We are positive that among our hotels and hotel apartments the traveler still selects the right one to fulfil his needs and expectations.

Rhodes has a lot to offer even for the most discerning guest. Rhodes is the island of great antithesis. Cosmopolitan, yet traditional, with excellent facilities to the traveler. With runs and frescoes still intact in their original surroundings, great shopping, exciting night life, or peace and serenity for those who want to get away from it all, with a lot of history and folkloric art. Rhodes, thanks to its rich culture, excellent warm climate, and friendly and most hospitable people has become one of the most popular holiday destinations in the Mediterranean.

Discover Rhodes, the island of magic moon and its people! Discover the world of Maris Sol, where, not only water and sand blend together into a harmonious synthesis but where people care about people and are devoted to satisfy all their needs, by providing to its guests only the BEST!

Our Philosophy

Mythos Beach Resort are committed to success, through efficient leadership, team-work and through communication and mutual trust between management and staff.

The management is committed to treat the staff fairly, with respect, consideration and honesty. Through their work our staff is able to get professional satisfaction.

In our turn we will encourage our staff for high and creative performance through training and development. Our staff's high performance would be recognized and they would be rewarded. In return however, each employee should be productive in his/her duties, and cooperative with every fellow colleague and every costumer.

In addition, s/he should ensure and contribute to the growth of the Hotel's reputation. In our Hotel, we will constantly support each other to succeed in providing quality service to the Costumer. The decisions will be made in all levels of hierarchy, within the defined responsibilities framework. In that way we ensure the costumer's satisfaction which will later result in the rise of the profit of our Hotel.

Our "Product" will give value to the Costumer, at least depending on the money s/he pays. For the Costumer, that value will be consistent to the other Hotels' status in the market. We have the

responsibility to succeed in the scheduled income target as it will ensure the intended profit which would be positively correlated to Mythos Beach Resort Enterprises investment.

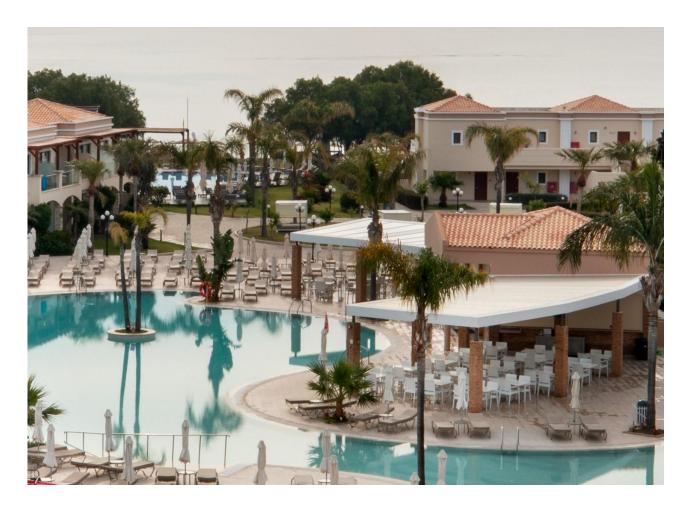
Non-Discrimination Policy

Mythos Beach Resort does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

These activities include, but are not limited to, hiring and firing of staff, selection of volunteers and vendors, and provision of services. We are committed to providing an inclusive and welcoming environment for all members of our staff, clients, volunteers, subcontractors, vendors, and clients. Mythos Beach Resort is an equal opportunity employer. We will not discriminate and will take affirmative action measures to ensure against discrimination in employment, recruitment, advertisements for employment, compensation, termination, upgrading, promotions, and other conditions of employment against any employee or job applicant on the bases of race, color, gender, national origin, age, religion, creed, disability, veteran's status, sexual orientation, gender identity or gender expression.



Mythos Beach Resort



The Mythos Beach Resort is perfectly situated on the sandy beach of Afandou, on the eastern coast of Rhodes just 20 minutes' drive from both the Airport and the Town of Rhodes.

This delightful family resort offers a luxurious holiday experience with comfortable rooms, sports activities including indoor and outdoor gym, 2 tennis courts, mini golf, beach volley, basketball and 5 x 5 football court, entertainment and wonderful children facilities including mini club and playground, all within spacious grounds. There are 281 luxuriously decorated rooms, self-catering Apts and suites, all with modern features and facilities.

There are several swimming pools, including an indoor heated pool and an outdoor half Olympic size heated swimming pool and a children's pool with water features and Snack bar at the hotel's lovely pool area.

The hotel has four dining areas, including an A-la-carte restaurant overlooking the sea. The restaurant serves mouth-watering traditional Greek and Mediterranean cuisine in an al fresco setting.



- Bicycles can be hired at reception
- Hotel has its own herb and herb garden
- Locally produced food is used where possible
- Solar Panels heat water
- Environmentally friendly operation
- Great facilities for families

Business Profile

Offering a wide variety of accommodation types. Mythos Beach Resort has a right option for even the most demanding of travelers. Mythos Beach Resort is the ideal choice for you to spend your holidays with your partner, family or friends.

Choose the ideal resort, beachfront, mountain view or sea view, enjoy the personalized services, entertain yourself at our Pools or choose another activity and experience the tranquility by undertaking unique Spa & Fitness services. Whatever you choose, experience the unique hospitality!!!!

<u>The vision of Mythos Beach Resort</u> is its efficient and responsible development, based on the principles of Sustainability and on solid and sound financial footing that will ensure its ability to offer:

- Excellent hospitality services for its guests.
- Work safety and prospects for its employees.
- Support to both local communities and economies where it operates and to its country.



Our Mission

As a leading group of hotels, we recognize that:



are vital for the success of our business.

Responsible business is one of the company's most important values, therefore, one of our main objectives is to operate in a sustainable manner.

This highlights our commitment to sustainable development and contribution to the society we work and live in.



Mythos Beach Sustainability report



Mythos Beach offers high quality services with respect to sustainability. We are reducing the use of electric energy, gasoline, oil, and water. We try to minimize the waste and cooperate with leading companies in recycling (glass, paper, plastic and all metal) and use eco-friendly

chemicals; without compromising the quality of services we offer and respecting all health and safety issues.

Results for summer season 2023

Corporate Social Responsibility Rhodos Royal key objectives

HOTEL OPERATIONS

ENVIRONMENT

COMMUNITY & HUMAN CAPITAL

We are committed to:

- Continuous improvement in our Corporate and Social Responsibility (CSR) strategy,
- Encouraging our business partners to reach company's standards,
- Implementing in accordance with CSR strategy,
- Meeting all relevant legislation.

Our policy is to conduct our business in a manner which ensures:

- fair treatment of all employees and clients,
- transparency of our business policies and practices,
- high standards in all matters relating to health and safety in the working environment,
- ethical business practices throughout our operations.

Sustainability and Quality

Our plan was to reduce the impact on the environment and at the same time follow our sustainability plan.

Electric Power

Mythos Beach offers high quality services and according to our sustainability plan we invested in using a much eco-friendlier powering business plan by installing modern solar panels for hot water, replacing mini fridges to most hotel rooms and restaurant buffets leading to a reduce of electric power consumption by 5,14% per guest night from 2022 to 2023.

Water consumption

Water consumption for 2022 was 0.38 m3 per guest night and we reduced it to 0.21 m3 for 2023. We achieved a reduction of **44,74**% until the end of the season, which was higher than the original target. Focusing on our targets we also decided to install water regulators in all guests' rooms' taps and new shower heads.

Gasoline and Oil

Mythos Beach Hotel does not have any gasoline running company cars and uses only minimum Oil to power our emergency electric generator. We use electric cars to move around the hotel products, lines and luggage. We have also invested in the new technology of "Heat Pump" which along with the solar panels we use, lead to zero consumption of oil to heat water for guests for summer seasons 2022-2023.

Total Energy results

Mythos Beach has managed to reduce the total energy consumption by a total of **5,14%** from 20.82 kWh per guest night in 2022 to 19,75 kWh per guest night in 2023.

Recycling

During summer season 2023 Hotel Mythos Beach kept records for gathered and collected waste for recycling. We introduced a new policy and training program which was enriched 2023 in order to manage, gather and ship waste to our certified partners for recycling. We managed to recycle 600 kg of used cooking oil, 4.500 kg of paper, 100 kg of plastic, 50 kg metal and 1,500 kg of glass during summer season 2023.

Our Mission

The overriding aim of Mythos Beach is to provide value for money services to its guests, always respecting the environment and our associates. Minimizing environmental impact is a major concern of enterprise so steps leading towards that direction are planned and applied every year.

The cooperation of the hotel with tour operators, suppliers and the local community determines the right and upward course of business so as to align our policies and priorities with those of our partners.

We care every year for actions related to:

- The reduction of waste
- The reduction of plastic use
- Prompt and efficient recycling program
- The reduction of chemical use
- The environmental control of the supply chain
- Ensuring staff and customer
- The use and promotion of local and Greek products
- The continuous training and education of the personnel on issues

Concerning:

- The environment
- The human rights
- The children protection
- Water and energy savings
- The waste management
- Health and Safety
- And a range of other issues relevant to the subject of engaging.

This is the third official sustainability report of **Mythos Beach Resort and** aims to provide accessible information on the company, its operation, its hosting services and all those activities which are inherent in the environmental, economic and social nature of the business.

This report refers to the period **from 01/04/2022 to 31/11/2023 and** constitutes the business commitment to external and internal partners. The sustainability report will be submitted annually. It focuses on a number of businesses sectors and displays comprehensively and briefly:

- The company's profile
- The market needs
- The market share of enterprise
- The sustainability policies
- The contribution to the environment and the society and a number of other issues for achieving sustainable tourism and sustainable development.

Market Needs and Market Share

Mythos Beach Resort offers value and benefits to our clients, over and above the standard of our facilities and affordable rates.

We provide our guest with a luxurious, relaxed environment within which to enjoy their vacation. Our guests need to know that they can develop a relationship with the hotel that will ensure efficiency, value for their money and reliability in supplying them with the support they need, when they need it. The majority of our guests come from Scandinavian countries.

2022-2023

Europe	
America	0,4%
Middle East	0,2%
Asia	0,1%

Macro-environment



The external factors which affect the business constitute the macro-environment and refer to the political, social, economic and technological environment of the business.

• **Political:** The political environment includes the political stability, the political system and the laws. All the political scene

affects the operation of the business.

- Economic: As with most industries, the hospitality and tourism sector is experiencing numerous challenges as a result of the global economic crisis. The industry is feeling the impact of a shrinking capital market and decreased spending by both corporate and individual consumers. In addition, tourism can be the driving force behind Greece's economic recovery. However, for its achievement, the country's policy makers should take several measures towards restructuring and improving the sector. These measures include: enhancement of alternative forms of tourism, environmental protection, creation of quality infrastructure and boost of competitiveness through a tourism product that offers value for money.
- **Social:** the trend towards cost effective travel leads hotel guests to seek more value for money, which is where our added value differentiation strategy comes into play.
- **Technological:** Technology plays an important role in the hospitality and tourism industry. Both customers and businesses can benefit from advances in communication, reservations and guest services systems. Technology allows continuous communication and streamlines the guest experience, from reservation to check out.

SWOT Analysis

The following analysis is a strategic designed tool which highlights the internal strengths and weaknesses of our organization, the opportunities and threats facing the company in our external environment.

Mythos Beach Resort is dedicated to providing its guests with the highest quality of service and standards in order to positively engage with all our partners, to understand their sustainability targets and to align our priorities (customers, suppliers, local community). As a response we aim to minimize environment impacts, optimize business processes and maximize safety, quality and performance.

Strengths

- A strong reputation within the local market.
- Effective environmental management system.
- Technical innovations to improve customer experiences.
- Awarded by a series of certifications.
- Specialized and experienced staff that is motivated and highly skilled.
- Cooperation with local suppliers.

Weaknesses

- Differentiation strategy needs to be more clearly communicated externally, within local and national markets.
- Operations are affected globally due to different Government policies and parameters.
- Seasonal turnover requires ongoing training and orientation of new staff.

Opportunities

- Strong, long-term relationships established with suppliers.
- Innovation in customer services.
- Positive signs of the touristic market.

Threats

- Economic and political turbulence in most countries.
- Competition on price point.
- Fear of terrorist attacks in Greece which will affect the tourism negatively.



Creating Value for The Environment



Water bottles

Planning ahead and bringing a reusable water bottle when on the go is a healthier, cost-effective way to stay hydrated and avoid single-use plastic water bottles.



Most people keep their bottle in a handy location so they remember it. If you accidentally forget, you can always:

- Drink from a water cooler display.
- Ask a waiter for a glass of water.





Energy Saving Measures: KITCHEN DEPARTMENTS

- Turn-off all kitchen equipment and appliances when they are not needed. Extractor fans, burners, gas cookers, ovens, fryers.
- During the winter, move all items from various fridges into one.
 Cooked and raw food should always be in separate fridges.
 However, raw food can be stored along with raw food with correct separation (different shelves and labelling in the fridges) and cooked food along with cooked with correct separation according to the food safety procedure.
- Avoid often opening of the fridges.
- Do not leave fridge door opened.
- All fridges/freezers should be maintained at least annually.
- Air curtains should always be in place (not moved on the side).
- Keep the lights off at the cold rooms and freezers except when in use. Leaving the lights on wastes electricity and produces unwanted heat, this in turn forces the refrigeration units to work harder than necessary.
- The ovens should always be full before put in operation.
- Ovens should be tactfully cleaned from fat and grease.
- The oven fun should be in operation only when oven is on.
- Bain-marie should not be working above 70°C.
- Bain-marie should ALWAYS BE SWITCHED-OFF between meals.
- Only operate the dishwasher to process full loads.
- If the next washing will be in more than 2 hours, then switch-off the dish washer, if within 2 hours, do not switch-off completely.
- The air funs should not be in operation when oven is not in operation!
- The A/C should not be switched-on in the preparation areas where staff is not working.
- The simultaneous operation of the dish washers and ovens MUST BE AVOIDED!
- Kitchen working load should be reduced between 17.00h and 20.00h.
- Operate all equipment as per manufacturer's instructions.

Energy Saving Measures: RESTAURANTS

- Between meal services, make sure that all unnecessary lights are turned- off in the restaurants; move the curtains so the staff could work under the day light.
- Ensure that heating/cooling system is either turned-off or set to a more energy-efficient temperature (23-25°C).
- Turn-off all restaurant equipment and appliances when they are not needed (plate warmers, coffee makers, bain-marie, conveyor toasters). Switch them on just prior to the service. Regulate the temperatures as per requirements for safe food keeping (not more than 70°C).
- Operate all equipment as per manufacturer's instructions.
- Re-use the table clothes to avoid washing (turn the other side if stained).
- Glasses and cutlery polishing should be done in the restaurant under the daylight.
- Switch-on the heat buffet lamps just prior to the service.

Energy Saving Measures: BARS

- Move curtains in the lobby area for more light and switch-off decorative lights. Those can be switched on at 17.00h when lobby is occupied with guests.
- Dish washers should always be full prior to the operation.
- Keep the lights off in the storage areas.
- When the A/C is on in the make sure that temperature is pre-set on 25°C.

Energy Saving Measures: HOUSEKEEPING

- Make sure all lights and the TV set are turned-off before leaving guest room.
- Turn the heating/cooling system off or, alternatively, adjust its thermostat to a reasonable "empty room" setting (e.g., 23-25°C); leave the sheers fully closed and the curtains 3/4 closed on all windows and patio doors that are exposed to direct sunlight during the course
- of the day.
- Do not switch the A/C during room cleaning but open doors and windows.
- Clean often light fittings.
- The Environmental Letter should be placed in all guest rooms or played in room info channel.
- Blinds should be pulled after room cleaning as to avoid the room overheating from the sun during the summer.

Energy Saving Measures: MAINTENANCE

- Regularly clean the condenser coils of refrigeration equipment. Dirty coils reduce the equipment's performance and increase its energy consumption.
- Periodically inspect refrigerator and freezer doors to make sure they seal correctly and are free of ice build-up.
- Carry out annual maintenance as per schedule for all hotel equipment and keep records of those.
- Operate all equipment as per manufacturer's instructions and as per internal procedures.

Energy Saving Measures: ALL DEPARTMENTS

- Don't let water taps run for longer than necessary.
- Do not wash your fruits and vegetables under the running water, fill up the sink to wash and rinse those.
- Use a bucket and mop, rather than a hose, to clean the floors and windows in all hotel areas.
- Public areas should not be washed every day, but swiped and washed periodically every 3 days. Use high pressure and hose with reduction filters.
- Do not flush the toilet during room cleaning often! Toilets should be flashed only ones after the whole room has been cleaned as well as toilet bowl!
- Dish washers should be switched-on only when full.
- Equip all hoses in F&B areas with trigger nozzles.
- Thaw frozen meats and other food products in a refrigerator rather than under running water.
- Check for and report malfunctioning equipment and fixtures.
- Irrigation early in the morning or late afternoon NEVER AT NOON!
- All employees should report to hotel manager any irrigation that is done at noon.
- Gardens should be well groomed as to reduce weed.
- Grass should not be covering the pavement (water from irrigation will be lost).
- Strictly follow the irrigation plan -it is not necessary to carry out irrigation every day.
- Timers (sprinklers and drop irrigation) should be used; manual irrigation should be reduced to the minimum.
- If manual irrigation is required.

NEVER LEAVE THE WATER HOSE WITH WATER RUNNING!

Saving Measures Copy Paper

- The energy required to produce one packet of A4 printing paper is 8.5KWh this is enough for one low energy light bulb of 10w to operate for 850h!
- By reducing paper use we save energy, reduce pollution and waste!
- Always think before printing!
- Print both sided!
- If not printed both sided, always use the second page for new print out!
- Reduce text as much as possible!
- Use re-used paper for notes (cut into smaller pieces)!
- Place box for re-usable paper in all departments with proper sign (F/O, Administration, GM).
- By reducing paper use we contribute to the nature and REDUCE our company COST!

Solid Waste Management

It is a legal obligation to recycle the following materials:

- PAPER
- PLASTIC
- GLASS
- BATTERIES
- FLUORESCENT BULBS
- ELECTRICAL & ELECTRONIC EQUIPMENT
- USED TONER

Liquid Waste Management

- Chemicals should be well closed and stored away from food items.
- All chemicals should be clearly labeled and MUST be accompanied with its MSDS.
- All staff should be trained according to the MSDS in order to use correct quantities and reduce the underground water pollution.
- If an employee did not receive a training on chemical use, should not be handling chemicals.
- In case of chemicals spillage ALWAYS FOLLOW THE MANUFACTURER'S INSTRUCTION and internal procedures on handling the spillage, shortly this is what should be done:

- If spillage is not serious (small quantity of chemicals and absence of evaporation), approach the area with gloves, collect the chemicals with suitable tool, place in the special container, close well, store in separate and secured area and inform supplier to be returned.
- If spillage is serious (large quantities and evaporation),

DO NOT APPROACH THE AREA without MASK! CALL THE FIRE BRIGADE and CHEMICAL SUPPLIER!

- In order to collect large quantities of chemicals spread all over the spillage are large amount of sand in order to prevent further leakage until relevant authorities arrive.
- After the spillage, investigate the reason, record relevant form and take actions so this is not repeated!
- If chemicals come into contact with eyes and skin always check the MSDS for first-aid actions and immediately visit the doctor by having the MSDS with you!

Hazardous Waste Management

- Used oil should be strictly collected in its original plastic containers and disposed in the designed tank for used oil!
- Disposed oil quantity should be well controlled in order to ensure that all is correctly disposed!
- USED COOKING OIL IS NEVER DISPOSED IN THE SEWAGE SYSTEM!

Sustainability Management

- Mythos Beach Resort has developed various policies which can be downloaded at our web site and can be seen in various hotel areas.
- EVERY 5TH OF JUNE, OUR HOTELS ORGANISE ACTIVITIES WITH LOCAL COMMUNITIES!
- Our company sets Sustainability Targets; each hotel's target is: At least one sustainability/community activity per season.
- Our company sets Environmental Targets which are related to energy saving, waste management, environmental impact reduction.
- All employees are encouraged to take part in sustainability activities such as: beach cleaning, children's education on sustainability, plant trees, donate to the ones in need.
- Our business is committed to contribute to the local communities and therefore we make every effort to make hotels facilities available to the locals at a special price.
- You can help the community too! Buy local and support your local community!
- All EMPLOYEES should be committed and take action to improve sustainability!

- Most sustainability improvement measures are straightforward and common sense.
- Sustainability measures also reduce operating costs, improve quality, make communities happier and enhance guest experience.
- Improving sustainability, yields great benefits and thus should not be viewed as a chore.

Energy



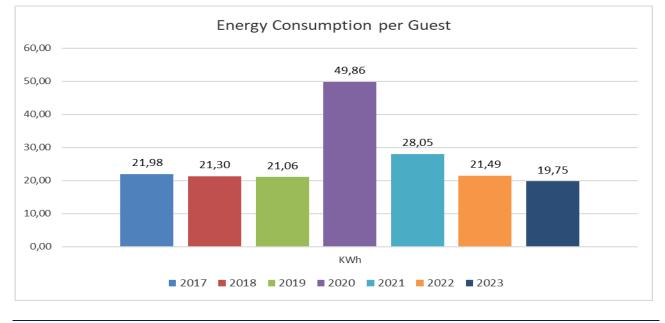
In Mythos Beach resort, 95% of light bulbs are low-energy bulbs (which consumes one fifth compared to ordinary bulbs) and timers and photocells have been installed for the controlled operation of outdoor lights. Room temperatures are individually controlled by thermostats and there are automatic systems which turn the lights and the air conditioning off when guests leave their rooms: these have been installed in all of the guest rooms.

Heat recovery systems have been installed which produce hot tap water from the air conditioning chillers, covering the resort's needs for hot

water during the months in which the air conditioning systems operate. Solar panels are installed heating the pool's water and Building Management Systems are centrally adjusting the operating time of high energy consumption machinery. Additionally, special maintenance procedures have been drawn up and documented for these energy-consuming machinery and equipment so as to achieve high efficiency and low energy consumption.

- We investigate and evaluate alternatives for saving energy
- Use of low energy technology (led lamps)
- Old equipment replacement plan
- Staff training in the proper use of electricity issues
- Implement policy «wash on demand»
- Change of linen when demanded
- Use of energy management system in order to have control of heating systems air conditioning and lighting in guest rooms





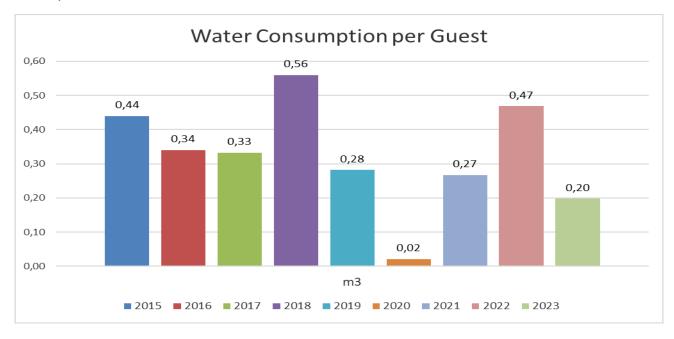
Water



All room taps and showers have been equipped with aerators which reduce water flow while maintaining water pressure and are of the single mixer type. Toilet flushers are adjusted to 6lt of water per flush or less and double flushing system is installed. Showers in kitchens or outdoors have a system to stop the flow of water automatically after a certain time or if not occupied, and the gardens are normally irrigated after sunset or early morning, to avoid water evaporation from the hot summer sun. Finally, periodic inspections checking for water leakages are documented and forwarded to maintenance staff for corrective actions.

- Installation flow control devices for the rational use of water
- Staff training on proper water management
- Growing specific species of plants which are based on local weather changes
- Irrigation of green with the drip method
- Installation and existence of sanitary ware with authorized amounts of water consumption (toilets, showers, faucets with low water flow)
- Policy of towels and bedding reuse in the rooms
- Wash of linen outsourced
- Proper inspection and maintenance of the pool
- Always check for leaks repaired.

In addition, the towel reuse program will increase the life and reduce the maintenance requirements of the laundry equipment, will reduce the wear of the towel and the requirements for labor in the laundry section.



Chemicals



The use of disinfectants and chemicals is limited: where this unavoidable however, environmentally friendly products are sought out. All the chemicals are biodegradable and the quantity is measured through dosing devices. Chemical-free cleaning methods are also promoted.

- Record the amount of chemicals collected
- Secure storage of these based on international and national standards
- Staff training on the correct use of chemicals
- Check the minimum incidence of those in health and environment
- Necessary equipment for users of these
- Existence of an incident record
- Existence and notification instructions for emergency situations
- A detailed service report and control of supplier
- Environmental-friendly methods of insect control

Waste

Mythos Beach Resort have introduced the sorting of waste into at least four categories. Recycling stations are placed strategically around the resort areas, even though in some locations the local authorities have been slow to respond. We routinely avoid buying small quantities or materials which are over-packaged or are even designed for single use; such products include shampoos, soaps, shower caps, and breakfast portions such as butter or marmalade. We introduced purchasing of bio-degradable bags replacing the plastic ones used in our Mini Markets.

We recognize that purchasing decisions can contribute significantly to environmental protection.

- Reduction of packaging materials with greater market packaging products.
- Waste management recycling (paper, glass, plastic, toner, burnt oil, etc.)
- Proper management of food quantity proportional to the number of customers
- Use of electronic systems instead of paper for business purpose
- Training of personnel for the proper management of waste and recycling
- Implement a restaurant and cuisine F.I.F.O. method
- Minimize disposable products
- Use of soap dispensers in bathrooms
- Reduce the use of plastic bags for single use
- Informing visitors about environmental issues and recycling program that is applied to the hotel through a series of events

Food "leftovers" disposal policy

Mythos operate on a seasonal basis, the quantities of raw materials purchased are specific so that no surplus is generated and no raw materials are thrown away. At the end of the tourist season, all sealed packages that may have been left over are donated to food collection organizations for people in need.

Cooked meals that have been served on the buffet, based on food hygiene and management policy, cannot be stored and re-served. Food that has been cooked, not been served on the buffet and is not included in the next day's buffet program is served at the staff restaurants, following the proper preservation procedures.

Awareness



In Mythos Beach Resort we try to raise awareness of environmental issues both internally and externally through a variety of educational and training initiatives. Our staff participates in environmental training programs which include methods of controlling the amount of detergents and disinfectants used, reducing electricity and water consumption, separating waste into special containers and containers suitable for hazardous hotel waste, and general environmental issues.

A key element In Mythos Beach Resort focuses is our recognition of the importance of staff involvement when it comes to quality

and environment issues. Proper training and information for staff have encouraged their involvement in environmental initiatives.

Environmental Policy

Mythos Beach Resort believes that continuing success in the hotel industry depends on:

- Offering high quality services in a clean, safe and well-protected environment.
- Constant adaptation of its services and products to new environmental standards and to the demands of its guests as these are shaped by the economy, technology and social changes.
- Consistent training of staff so that they understand and adopt these new technologies and practices which protect the environment.

Each hotel department and its employees participate in this effort: it is necessary to ensure that products and services are always safe and do not damage the environment but, if possible, protect it and improve it.

We also motivate and put pressure on our partners, suppliers and local authorities to accept and implement similar practices, always keeping in mind local circumstances and national legislation.

Our company is committed to the environmental targets it has set itself, using material and human resources to achieve the targets. We make this policy known to our guests.

Objectives

Continuous improvement is based on measurable environmental objectives set out in accordance to EU Flower eco-label criteria:

- Reduction of energy consumption.
- Reduction of water consumption.

- Elimination or limited use of harmful chemicals.
- Limited production of wastes.

We contribute to a healthy environment at tourist destinations and sustainable development by:

- 1. Reduce the use of limited resources such as oil and coal
- 2. Reduce the use of environmentally harmful substances such as heavy metals and flame retardants
- 3. Caring for plants and animals, such as avoiding the exploitation of valuable natural resources
- 4. Streamline and economize on resources, such as recycling wastes
- 5. Implement environmental and social responsibility through the Eco-label and Best Life.

We review our ongoing activities based on environmental policy and relevant legislation. Each employee is responsible for their part in environmental work, practical implementation. To support environmental initiatives are provided training and facilities. We engage and make demands on partners, suppliers and local authorities. We inform our guests about how we can reduce the environmental impact of the trip. To continually improve environmental performance, we put measurable goals and closely apply a planned follow-up program. We report our environmental work openly and objectively.

PREVENT REUSE REDUCE RECYCLE

Environmental Targets

Mandatory Ecological Criteria

Before- Energy

- At least 30% of electricity used for heating rooms and sanitary hot water coming from renewable energy sources (when applicable)
- No oil with S content > 0,2% and no coal as an energy source
- Boiler efficiency > 90% as measured according to Directive 92/42/EEC
- Air conditioning system with Class B efficiency according to Directive 2002/31 /EC
- Appropriate window insulation
- Sauna with timer control
- Energy efficiency light bulbs > 60% within the first year of application (when applicable) Before-Water saving
- Water flow from tap or shower < 12lt/ mi. Service
- No more than 5 urinals flushing at the same time.
- Towels and sheets changed once or twice a week or on request
- Water plants and garden after sunset or before high sun
- Waste water has to be treated
- Follow local waste water plan and water protection plan
- Limited amount of disinfectants used
- Choice of low environmental impact water source (when applicable)
- Staff training for disinfectant and detergent usage



Operational General

- No-smoking section in common areas.
- Good maintenance and servicing of equipment.
- Environmental policy statement and precise action program.
- Staff training for application of environmental measures and awareness raising.
- Active information to guests on environmental policy, objectives and actions
- Data collection (energy and water consumption, chemicals use and waste production)
- Good maintenance and servicing of boilers

Operational Waste

- Facilitate waste separation by guests.
- Staff separates hazardous waste as defined in Decision 2000/532/EC.
- Waste sorted, separated and transported to appropriate site (if applicable).
- No use of disposable products (soap, shampoo, shower caps, etc).

Operational Information

- Phase reduction
- Switch off air conditioning/heating when windows are open (when no phase to guests, automatic switch off is in place).
- Switch off lights when leaving the room (when no automatic switch off is in place).
- Information on how to save water in bathroom and toilets
- Use waste bin for appropriate waste in toilets
- Inform staff of any leaks
- Information on local public transport

Operational Information on

- Measures taken to save energy and water and to reduce waste.
- Phase the Eco-label
- General environmental improvement.

Central Supervision & Control System 'BMS' (Building Management System)

The Central Supervision & Control System 'BMS' (Building Management System) has been installed in Mythos Beach Resort, through a computer, of electro-mechanical equipment.

The system consists mainly of the software ('SCADA' program), which is installed on the computer of the office of the maintenance manager and the electronic control devices (PLC's), which are installed in the Remote-Control Centers (ACP).

Siemens WinCC 7.0 visualization program ('SCADA') was used to display the controlled areas, which shows the following areas:

- Hot Water Engines,
- Swimming Pool Pumping Stations,
- Sewage Pumping Stations and
- Organic Facilities.

In addition, it becomes:

• -control of lighting and air conditioning in the reception area (Lobby) and monitoring of total electricity consumption.

The visualization program allows the user to:

- 1. To know the condition of the controlled points, ie pumps, circulators, solenoid valves, lighting points, FCU engines etc. (operation or not, open-closed position, flow indicator, automatic operation position on the electrical panel, etc.), the hot water temperatures in the boilers of the engine rooms, the sewage levels of the sewage pumping stations and the biological tanks, the operating stage of the biological, as well as the electricity consumption of the hotel.
- 2. Operate pumps, solenoid valves, lighting lines, etc. at any time. or put them in 'automatic' mode and schedule their start-ups and pauses in order to save energy.
- **3.** To change values in parameters (such as lighting hours, temperature set points, pool pump operation time, etc.) in order to save energy or to perform actions (eg manual backwash & rinse of higher biological treatment filters).
- **4.** To know in time, through the alarm system (Alarms), the faults, the operating errors, the actions and the events.

It is noted that, for the security of the system, an Administration system is used so that each user has specific rights and takes actions after entering his personal password.

Electronic devices - controllers (PLC's) S7-1200 from Siemens and communication protocol 'Industrial Ethernet' were used for the control of the above spaces.

The controllers receive data through their inputs (temperature sensors, ultrasonic level sensors, cold actuator-relay contacts, solenoid circuit breakers, etc.), process them and through their outputs activate the data of the respective controlled spaces (pumps, circulators, FCUs, solenoid valves, etc.) in order to automate processes, optimize efficiency and maximize energy savings.

Covid-19 Pandemic Response



The year 2020-2022 was an unparalleled year due to the outbreak of the Covid-19 coronavirus which has had a devastating impact on the world. In these challenging times, we remained strongly committed to supporting our operations and the local communities that have been affected by these events. We strongly believe that this is what it truly means to be a responsible business.

The outbreak of Covid-19 has impacted society and every sector across the globe, with hospitality and leisure being no exception. Due to the unprecedented travel restrictions, our operations for 2020 -2022 were limited to fewer resorts as well as to a shorter operating period.

The Covid-19 disruption presented a challenge for our sustainability and resilience; however, we adapted our operations expeditiously. Our teams consulted experts in the field of healthcare and diseases and worked closely together to prepare a response plan to ensure the health and safety of our employees, guests, hotel associates and partners.

Our commitment is to make our guests feel safe, without compromising the luxury experience offered. We put into place the most stringent health and safety protocols to ensure a Covid19-safe environment for all our guests at our Mythos Beach Resort and succeeded in having zero transmission of Covid-19 incidents at our premises.

Human Rights and Employee Policy



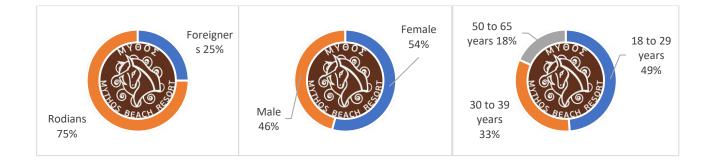
MYTHOS BEACH respects all human beings and its operation is based on the principle that all humans – irrespective of religion, gender, nationality, skin, color, sexuality, age, culture or disability – have the universal right to be treated with dignity, equality and respect.

Mythos Beach's social commitment consists of its responsibility towards its employees and the community in which it carries out its business. Both are governed by respect and by encouraging personal, economic and professional development. We value our staff and treat them fairly and with respect, ensuring that no-one is discriminated against, irrespective of age, sexuality, gender, ethnicity, religion, culture or disability. We commit to provide all necessary resources so that staff can work smoothly and securely in a suitable working environment. We take staff development seriously and provide training to support our employees in their roles as a Team and throughout their careers at our hotel. We comply with all applicable employee laws and regulations in our country. Wherever, possible, we employ staff that lives in the local community. We pay our staff above the national minimum wage. We will train our staff on our sustainability commitments, so that they understand the role they play in delivering our objectives and targets. Mythos Beach protects the rights of people in our local community ensuring that:

We don't restrict the local community's public rights of access. Public access to essential natural resources, particularly water, is not restricted and local sanitation services are not compromised. No historical or archaeological artifacts are sold on the premises and those that may be displayed are done so with the correct licenses or permission. Protected or sensitive areas are identified and the property has a plan in place to minimize negative impacts

Mythos Beach, in terms of its operation, concerns and cares for its staff, as we usually call it 'our family'. Through a series of actions and initiatives we aim to provide skills, training and first of all satisfaction for our employees. Our staff consists of approximately 120 employees most of whom come from the local community. More specifically:

FOREIGNERS 30	FEMALE65	18 to 29 years 40
RHODIANS 90	MALE55	30 to 39 years 27
		50 to 65 years15
TOTAL 120	TOTAL120	TOTAL 120





Our People



It is well known that one of the most stable pillars of our 13 years of success is our loyal and professional employees, who we take great pride off.

As a company of soul, knowing their needs, we can meet and exceed their expectations in the best way possible:

- We do not employ children. In case of employment of minors 15 to 18 years, we do it in full compliance with the provisions of the labor law.
- We do not discriminate (based on sex, color, ethnicity, religion, age, etc.) at any stage of hiring staff, staff selection, promotion and payment. An annual staff evaluation and all HR functions are based on objective criteria, i.e., qualifications, experience, knowledge, skills, abilities and performance.
- We comply with the Labor Law to ensure a healthy and safe working environment and follow the provisions by the Employees Physician and Safety Technician thereby minimizing the likelihood of accidents at work and exposure to health hazardous factors.
- Promote equality of employees in the workplace as well as career opportunities and access to the labor market. Moreover:
- Clear Health & Safety policy hotel.
- All employees have access to the hotels' doctor.
- Free accommodation is offered to employees if requested (e.g., far distance from their home, financial reasons)
- Special rates for friends and family accommodation.

- Free breakfast, lunch and dinner is offered to all our employees.
- Continual employee development (e.g., language courses, professional development courses, First Aid courses, etc.).
- All members of staff are encouraged to join the Hotel employees Trade Union.
- All our employees are fully insured and have a legal contract according to Greek legislation.

Staff Training



Posing the human factor as our main concern, we care every year for the staff training. The staff training is done through external and internal partners with main objective to familiarize employees with the values and the code of conduct of the company in order to develop their skills and to enhance their career opportunities.

During 2023 as every year, a series of training seminars on a wide range of modules took place for the acquisition of important knowledge useful for the workplace and beyond.

Mythos Beach knows how important the competitive advantage of human factor is and for this reason is next to them ensuring their satisfaction.

- The company cares for the staff nutrition with meals (breakfast, lunch and dinner) in specially designed rooms on site.
- The clothing of personnel with appropriate uniforms is company's responsibility.
- The company cares for the staff training.
- Also, the company has ensured the existence of doctor when necessary.
- On annual basis a staff celebration is organized during which the best employees of the season are awarded with prize.
- On annual basis the staff excursion, also, takes place.

Supporting The Local Community

Our policy on corporate social responsibility is a key factor for the sustainable development of the business. The good corporate citizenship involves a series of initiatives and actions. Particular emphasis is given to strengthening our supply chain through the selection of local, national products, working with our suppliers to reduce waste and recruiting local manpower.

- Promotion of local products through conducting a series of events.
- Policy for encouraging the local purchasing
- Promoting local businesses and points of interest
- Support and enhance environmental agenda:
- Organization planting offer in the municipality
- Visit a school with main target to promote environmental issues through a variety of activities
- Donations to local actors of protection and animal care
- Work to supply food and drinks from local suppliers in more than 60%
- Employment of mainly local workforce
- Organizing environmental events to enhance the environmental awareness of residents
- Beach Cleaning, an initiative which is performed annually at the hotel.

Support Local Community and Culture



- Weekly presentation of local coffee and Greek breakfast
- Greek cooking lessons by members of the management
- Greek dancing performances
- We organize activities, which are inspired by the traditions of Rhodes
- Local events Promotion (local concerts, theater plays, local feasts & celebrations etc.)
- 'Wines Testing' Corporation with Local Wineries.

Local Community and Purchase Policy

The policy of **Mythos Beach** is to support the local community, the local suppliers fully complied with and encourage their clients in this direction.

- Support the local manpower
- Support the local producers
- Maintain and disseminate the customs and traditions
- Promote the local cuisine
- Respect the environment

Mythos Beach hotel commits to treat the local community fairly. We commit to maintaining a close relationship with our local community, ensuring that their concerns about our business operations are addressed. We encourage our guests to support the local community through choosing to buy goods and services from local suppliers.

In Mythos Beach wherever possible, we purchase locally produced goods in preference to imported products, ensuring that local, traditional or fresh products are available to our guests during their stay. Wherever possible, preference is given to buying from local suppliers, instead of national / multinational companies, ensuring that authentic experiences are available to quests during their stay.

Quality, price, reliability, and supply stability are the main criteria upon which we base decisions on initiating new business and carrying out specific transactions. As a rule, we compare offers from several vendors simultaneously and also the Quality for a fair supplier selection.

We purchase from multiple suppliers to avoid excessive reliance on a single vendor and to prevent vendors from depending excessively on us.

We create opportunities for newcomers by periodically reviewing our regular vendors.

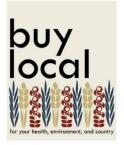
We preserve the confidentiality of vendor information obtained in transactions.

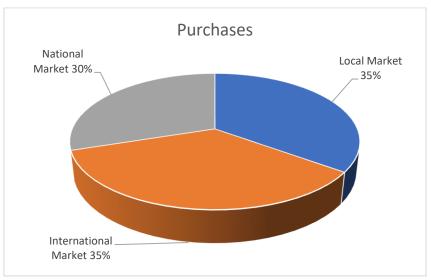
We do not engage in transactions that lead to the violation of a third party's intellectual property rights.

Our purchasing personnel do not permit personal interest to influence relationships with existing or prospective vendors.

Rates From Purchases

TOTAL PURCHASES LOCAL MARKET	35 %
TOTAL PURCHASES INTERNATIONAL MARKET	. 35%
TOTAL PURCHASES NATIONAL MARKET	30 %













On annual basis **Mythos Beach care** and consider about the community. 'Mythos Beach Resort has been participating in the 'Make Holidays Greener' campaign for some years. In particular, we have involved a special needs children's school and an orphanage to participate in beach clean-ups. We have also been keen to involve guests and staff members in the clean-up activities.

We have wanted to highlight the importance of keeping the environment clean and to maintaining the natural habitat. We believe this sets a good example to surrounding businesses and sets a precedent for the future.



Rhodes



Rhodes is the largest island of the Dodecanese and the fourth largest in Greece. It's a place where the strong mediaeval aspect blends with the traditional Greek one. It is also an island with great natural beauty: the lovely beaches face the pine woods on the mountainsides; the mountain villages overlook the seaside towns; and the archaeological sites, the mediaeval monuments and the cosmopolitan resorts arranged in the traditional style all conspire to make the popularity of this destination so hard to resist, even to a demanding traveller.

City of Rhodes

The City of Rhodes was founded in 408 BC and it consists of the fortified mediaeval (old) town, and the new town which includes older, neoclassical and modern buildings. The mediaeval town has been inscribed on UNESCO's World Heritage Sites list. Visit Castello, the 14th c. Palace of the Grand Master, which is one of the first edifices built by the Knights of St. John in the old town. Outside the city walls lies the new town, with some really impressive buildings dating to the period of Italian Rule on the island, such as the South Aegean Region's Office, the Post Office, the Town Hall, the National Theatre and the Church of the Annunciation.

Northern Rhodes

Kameiros used to be one of the three ancient cities of Rhodes, and its ruins lie in an open-air archaeological site surrounded by vegetation. Visit traditional villages in the vicinity, such as Soroni and Salakos, whose surrounding forested area and springwaters make it an ideal destination for nature-lovers. From this location you can climb Mt. Profitis Ilias, the second highest mountain of Rhodes.

Attavyros is Rhodes' highest mountain, with a verdant foot and a rocky top, dominating the surrounding countryside which is dotted with semi-mountainous villages. Emponas is the biggest village in the area, surrounded by vineyards on the mountainside. It is well-known for its excellent wine and its traditional

character. You will enjoy the sunset on one of the area's imposing castles, such as Monolithos, built in the 14th c. by the Knights of St. John, and the castle of Kritinia.

Southern Rhodes

Ancient Lindos used to be a rich and powerful city-state, and its imposing acropolis perched on a high rock bears proof to its past glamour. Visitors to nearby modern day Lindos will be impressed by the view of the village stretched along the foot of the rock. It consists of traditional white houses, stately buildings, churches and cobblestone alleys. Nature is at its best in the southern part of the island: long beaches stretch from Kiotari and Gennadi to Lachania, Plimmyri, and Prasonisi (a favourite location among windsurfing and kitesurfing fans). The centuries-old villages are mostly rural and they keep to their traditional style & local dialect, and their houses are decorated in the traditional Rhodian way.

Rhodes



Rhodes is home to some exquisite museums, the most important being the Archaeological Museum that provides a unique insight into the island's heritage. It is housed in the Medieval building and hosts an interesting selection of tombs from the Geometric, Archaic and Classical period. The exhibition is enriched with an extensive set of sculptures and mosaics from the Hellenistic times and a unique attraction are the ancient amphorae.

The Municipal Gallery of Rhodes focuses on

a unique collection of 90 famous paintings from the 20th century and some engraving works. It is housed in a medieval building where many cultural events take place during the summer. On the edge of the New Town of Rhodes is found the Aquarium of Rhodes that showcases rare animal species from the Mediterranean sea.

The most important museums and sites are listed below:

- • The Palace of the Grand Master (Byzantine Museum)
- • The Archaeological Museum of Rhodes
- • Church of the Panagia Tou Kastrou
- • The Decorative Arts Collection
- • The Museum of Modern Greek Art
- • The Aquarium of Rhodes or Hydrobiological Station of Rhodes
- • Hostel of St. Catherine (Hagia Aikaterini)
- • Acropolis of Lindos
- Ancient Kameiros

- • Kallithea Therme
- • The Bee Museum
- • Preserved Traditional Settlement Koskinou
- • Artistic Village (Museum of Ceramic Art)

Rhodes – Museums and Monuments



Except of the above list, small folklore museums representing the Rhodian folk house in its traditional form and displaying objects of everyday use, agricultural tools, ceramic works, woven cloths and embroideries, costumes, musical instruments, folk

artworks, etc. They operate in the villages Apollona, Archangelos, Asklipio, Afandou, Dimylia, Embonas, Kritinia, Koskinou, Lindos, Salakos, Soroni, and Trianta.

Apart from the allure of its historical heritage, it is also a place of enticing natural beauty, with a coastline stretching 253 kilometers, where visitors can choose from a plethora of enchanting beaches. Rhodes beaches have been awarded with 55 Blue Flags.

Emerald waters, golden sand and pebbles, the ideal combination of unspoiled natural landscape and organized recreational activities: the beaches of Rhodes exert their magical spell on both Greeks and foreigners, families and couples, water sports and scuba diving enthusiasts. Topping the list are Kiotari, Kallithea, Agathi, Apolakkia, Kolymbia, Anthony Quinn Beach, Lardos, Afandou with its golf course, Traounou with its motocross tracks, Trianda, Tsampika. All wonderful, with clear water and water sports. Windsurfers flock to Prasonissi, a green island to the south of Rhodes.



Fires on Rhodes, Greece Burned 13,500 Hectares of Forest

The recent fires on the island of Rhodes have burned 13,500 hectares of forest, based on calculations carried out by the University of Athens, said Professor of Dynamic Tectonics, Applied Geology and Natural Disaster Management Efthymios Lekkas on Tuesday.

Lekkas, who is also head of Greece's Earthquake Planning and Protection Organization, said immediate and careful action was now needed to protect the burnt areas from other environmental repercussions and flooding, as well as prevent their future desertification.

He said that, based on experience, the forest should start to recover in about five years.

In statements after visiting the fire-afflicted areas with the presidency of the Central Union of Municipalities of Greece, he said:

"The region destroyed was extensive, a region that we have calculated at Athens University to be 13,500 hectares of 'clean' forest that was burnt.

"It is, therefore, a very big disaster for Rhodes in a crucial region that is close to South Rhodes, where forests are absent and we are dealing with phenomena of desertification. The great concern is for this desertification to not advance to the north – even though I believe that the forest is capable of reviving on its own, with our help, of course, wherever necessary."

It might take years for Rhodes to become green after the fires

Apart from the forest, he added, it was important to examine the environmental repercussions to the flora and fauna, the air, soil and subsoil, as well as the subterranean and surface waters.

"A series of actions must be taken in order to avoid the repercussions from all these phenomena, which won't be long in coming...the burnt areas are particularly vulnerable to both landslides and erosion and to desertification and flooding.

"Therefore, we must move quickly to be able to avoid these 'companion' disasters that follow a forest fire and all this even though we must move slowly with the forest, in order to see how it is recovering and then assist.

"To this, we must take short-term action so as not to suffer the repercussions of other disastrous phenomena. This is a great concern and local authorities can make a big contribution to this," he said.

He warned that it might take years for the island to become green once more, with past experience showing that the vegetation can begin to recover in five years with careful management. Otherwise, he noted, it will suffer "desertification" and become a degraded habitat unable to sustain animals and plants unaided.

Lekkas said that the fire on Rhodes came just short of being classed a "mega-fire" like those seen in Evia and Attica but confirmed that the climate crisis was present in Greece, bringing a disruption of natural phenomena that was originally forecast for 2040 and 2050 much sooner.

Quality Assurance Policy

Mythos Beach was established to provide accommodation and leisure services to our guests. We are based in Afandou and employ almost 130 people. Quality is important to our business because we value our guests.

We strive to provide our guests with the services that meet and even exceed their expectations. We are committed to continuous improvement and have established quality assurance procedures that provide a way for us to measure and improve our performance.

We have the following systems and procedures in place to support us in our aim of total customer satisfaction and continuous improvement throughout our business:

- Regular gathering and monitoring of guest feedback.
- Customer complaints procedure.
- Training and development for all our employees.
- Regular monitoring of feedback, taking action to improve when identified.
- Measurable quality objectives which reflect our service level standards.
- Regular reporting to management of our guest feedback and complaints.

Our internal procedures are reviewed regularly and our quality objectives are communicated to all our employees through team meetings.

Though the General Manager has ultimate responsibility for quality, all employees have a responsibility in their own areas of work, helping to ensure that quality is embedded across the whole property.

«Quality is never accidental. It is the result of a smart effort» John Ruskin, 1819 – 1909

Health and Safety Policies



Mythos Beach hotel is committed to providing and maintaining a safe and healthy workplace for all staff, and to providing the information, training and supervision needed to achieve this.

Mythos Beach hotel will take responsibility for health and safety procedures; however, employees need to

be aware of their responsibilities and comply with the business' health and safety policy.

Each employee is encouraged to play a vital and responsible role in maintaining a safe and healthy workplace through:

- Being involved in the workplace health and safety system.
- Insisting on correct procedures and equipment.
- Wearing protective clothing and equipment as and when required.
- Reporting any pain or discomfort feels as soon as possible.
- Ensuring all accidents and incidents are reported.
- Helping new employees, trainees and visitors to the workplace understand the right safety procedures and why they exist.
- Telling the manager immediately of any health and safety concerns. Keeping the workplace tidy to minimize the risk of any accident or fall.



Children Protection Policy



All staff employed by Mythos Beach hotel is responsible for the care, safety and protection of children. This responsibility extends to the identification and timely response to concerns regarding the possible sexual, physical, psychological and emotional abuse or neglect of a child.

We believe in the fundamental right of children to grow up safely and enjoy a childhood that is free from exploitation and abuse.

We have following principles:

- Zero tolerance of child exploitation and abuse.
- Recognition of the best interests of the child.
- Sharing responsibility for child protection.

Therefore, whenever you see or you suspect a child is in danger or accept any form of abuse, inform the management and it will follow the necessary procedures for the resolution of the issue.

Our responsibility is to make sure that we are doing everything we can to safeguard the rights and welfare of children wherever we are.



Social responsibility

Our policy on corporate social responsibility is a key parameter for the sustainable development of the business. The good corporate citizenship involves a series of initiatives and actions. Particular emphasis is given to strengthening our supply chain through the selection of local, national products, working with our suppliers to reduce waste and employing local manpower.

- Promotion of local products through conducting a series of events
- Policy for encouraging the local purchasing
- Promoting local businesses and points of interest
- Support and enhance environmental agenda
- Organization planting offer in the municipality
- Visit a school with main target to promote environmental issues through a variety of activities
- Donations to local actors of protection and animal care
- Work to supply food and drinks from local suppliers in more than 60%
- Employment of mainly local workforce
- Organizing environmental events to enhance the environmental awareness of residents
- Beach Cleaning, an initiative which is performed annually at the hotel.

To support and implement the policy of protection of human and labor rights, the hotel caters and ensures that conditions guarantee a safe, fair and positive working environment for all employees. Respecting the relevant declarations on human rights, the company is committed to the protection and safeguarding not only labor but also all rights.

- Written terms and conditions of employment
- Non-discrimination in any way
- Equal pay for equal work offered
- Ideal time keeping working and off
- Written protection policy for children's rights
- Protecting children from all forms of exploitation
- Staff training in protecting human rights and child protection issues
- Wage above the minimum
- Tour Organization and celebration for staff
- Prize Awarding the best employees by department.

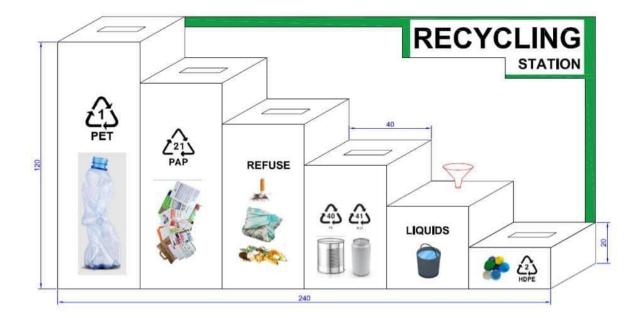
The following objectives were achieved during 2022 - 2023:

We reform a series of policies concerning:

- Human rights
- Children protection
- Environmental protection
- Health & safety in the workplace
- Local community support
- Quality Assurance

These policies were posted on social media, website and on different places in the property in order to be available for customers, partners, suppliers and local community. We create a sustainability report that includes the mission of **Mythos Beach**, the objectives were implemented during the current year and the targets set for the coming years and their implementation. Through sustainability report hotel displays the operational guidelines, the quantitative and qualitative targets set and how they are achieved. We carried out a series of educational seminars in all the departments of the Hotel on issues related on their work piece.

The training seminars took place in the property by certified instructors who gave us the proper certification of attendance Assurance who conducted a series of trainings on general issues such as staff training seminar on the protection of human rights, protection of the environment and a number of other issues. We continue our effective recycling program which refers to the recycling of paper, plastic, glass, aluminum, batteries, electric devices, oil etc.



Review Action Plan 2023

As a part of the energy saving policy, Mythos Beach, during 2022, raised a number of objectives for the year 2023 to achieve energy savings at a rate of 1,1% compared to the previous year. Achieving the goal set will be clarified at the end of the year by comparing the changes in energy consumption in all parts of the hotel. At this stage we can see in detail whether the actions were implemented that had been set as an action plan last year.

Action plan Environmental Policy



Mythos Beach Hotel believes that continuing success in the hotel industry depends on:

- Offering high quality services in a clean, safe and well-protected environment.
- Constant adaptation of its services and products to new environmental standards and to the demands of its guests as these are shaped by the economy, technology and social changes.
- Consistent training of staff so that they understand and adopt these new technologies and practices which protect the environment.

Each hotel department and its employees participate in this effort: it is necessary to ensure that products and services are always safe and do not damage the environment but, if possible, protect it and improve it.

We also motivate and put pressure on our partners, suppliers and local authorities to accept and implement similar practices, always keeping in mind local circumstances and national legislation.

Our company is committed to the environmental targets it has set itself, using material and human resources to achieve the targets. We make this policy known to our guests, staff and stakeholders. Our activities are examined with respect to our policy and relevant legislation. Our Envinmental work is reported openly and objectively.

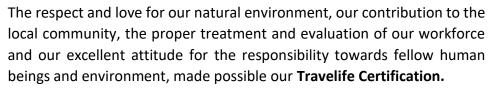
Objectives:

Continuous improvement is based on measurable environmental objectives such as:

- Reduction of energy consumption.
- Reduction of water consumption.
- Elimination or limited use of harmful chemicals. Limited production of wastes.

Certifications and Awards





The POSI Check Standard is a response to the absence of a globally recognized standard for the Prevention of Spread of Infection (POSI) arrangements required by hotels to protect guests, staff and continuity of business. The approach taken within this standard is based on a formalized risk assessment methodology, ensuring that the extent of infection control provision is at least commensurate with the risk / threat level of the hotel.



Mythos Beach Resort has proudly announced it has been accepted as a Platinum level Green Leader into the Trip Advisor[®] Green Leaders[™] program, which helps travelers around the world plan greener trips by highlighting hotels and B&Bs engaging in environmentally-friendly practices.

Trip Advisor Green Leaders properties have met a set of environmental standards developed for Trip Advisor by a leading environmental consulting firm, with input from expert partners. The greener practices a hotel has in place, the higher its Green Leader level, which is shown on the property's listing on the Trip Advisor site.



We are very pleased to announce that Mythos Beach Resort has been inducted into the TripAdvisor "Hall of Fame". TripAdvisor, the world's largest travel site, awards the "Hall of Fame" award to businesses who have received the Tripadvisor "Certificate of Excellence" for 5 consecutive years – consistently achieving great reviews on TripAdvisor during that period. Thank you all for making this great achievement possible: your positive reviews truly reward our efforts!



Food Safety Management Systems (ISO 22000 :2018) in Hotel Industry

The Mythos Beach Resort has achieved the ISO 22000:2018

ISO 22000 is the food safety management system that replaced the ELOT 1416 standard and HACCP (Hazard Analysis & Critical Control Points). Its aim is to ensure food safety, that is, to ensure that food products are not detrimental to consumers' health.

The system can be applied to food processing businesses of all sizes and types.

According to current Regulation 852/2004 of the European Parliament and the Commission that replaced Directive 93/43/EU, the application, maintenance and revision of a Food Safety Management System including Hazard Analysis and Critical Control Points (HACCP) is a requirement for companies that Prepare, Process, Manufacture, Package, Store, Transport, Distribute, Handle, Offer for sale or supply of foodstuffs.

Firms include packers, manufacturers, restaurateurs, supermarkets, caterers, hotels that have mass food premises, etc.

The benefits of the implementation and certification of a HACCP System under ISO 22000:2018 are summarized as follows:

- It is an international Certificate; therefore, it facilitates international transactions.
- It is specially designed for easy implementation in SMEs providing them with flexibility and undisputed accreditation.
- With the application of the standard, the current legal requirements are immediately fulfilled.
- The trust of the market towards the hotels immediately increases.



Blue Flag: Blue Flag is a voluntary eco-label award which works towards sustainable development of beaches and marinas through strict criteria dealing with Water Quality, Environmental Education and Information, Environmental Management, Safety as well as other Services.



We are very pleased to announce that Mythos Beach Resort has been awarded the Apollo **'Customers Choice Award'** and the **'Mondo Family Hotel Award' for 2022**.

I am particularly proud that the awards come from an independent survey of Apollo's own customers and I would like to thank our Apollo clients for taking the time and trouble to make their reviews and vote of confidence in our hotel.

We couldn't have achieved this without all the hard work of our staff and all the support of our valuable loyal guests during the years! We will do our utmost to build upon these awards to ensure our guests this season have an equally enjoyable holiday experience.

Thank you all for making this great achievement possible: your positive reviews truly reward our efforts!

You are all part of our family!



Mondo Family Resort - Worldwide –Gold 2016, Silver 2017-2019,2021,2022

Mythos Beach ensures a superb hotel experience by offering guests great service and a high-quality holiday according to the Mondo concept. Our Apollo customers have awarded Mythos Beach with the highest score among all hotels in the Mondo Family Resort portfolios.

Apollo Customers Choice Award – Silver 2017- 2018-2019,2021,2022.

Mythos Beach ensures a superb hotel experience by offering quests great service and a high-quality holiday. Our Apollo customers have awarded Mythos Beach with high scores in category 4+ stars hotels in 2017, 2018, 2019, 2021 and 2022.

Careta Careta, Water Turtles come to Mythos Beach to lay hundreds of eggs between the sunbeds, and the visitors watching the nest carefully, until the **Careta Caretas** are ready to "run" for the sea \downarrow









Environmental Actions and Guests

As guests of this planet, we want to ensure an extended and more enjoyable stay for all of us. Our mission to care for the communities we call home includes a deep commitment to care for the natural environment on which we all depend. Therefore, we give great attention in order to encourage our visitors to put their efforts towards the above goal:

- Sustainability Information to our visitors (brochures, posters and meetings)
- ECO learning and activities in our kid's club
- Guests' involvement in our environmental activities such as
 - Blue flag ceremony
 - Clean up the Med
 - Environmental day
- Weekly garden tours
- Protection of the local flora
- Own Herbs and Spices Garden
- Encouraging guests to support recycling





Make Holiday "Greener" Campaign 2023 #MHG23

Please find below photos from our environmental **'Clean the Beach Day'** which was held at the beachfront of our hotel on 26.09.2023.

Our purpose was to promote cleanliness at the beach and environmental awareness and to this end we involved a local school, the municipality, our staff and volunteers from our guests and from our 'Poly & Mino' mini club.

Overall, the event was a great success and the kids greatly enjoyed the morning.





Blue Flag Mediterranean Week 2023



At <u>Mythos Beach Resort</u> another event took place for our Blue Flag Mediterranean Week! They care about the sea that unites us so they invited students from a local school, their staff and volunteers from their guest. Their purpose: to promote cleanliness at the beach and environmental awareness. The kids collected from the beach different waste materials, to separate and recycle!! The kids gained as an award a bag for recycling material so they continue recycling home!

#BlueFlagMedWeek #BFMedWeek #BlueFlag #BlueFlagGreece





"Mobile Hotel Blood Donation" organized! a very big success for a very big need, proud of our team!



The Festival of Traditional Rhodian Gastronomy Was Also Successfully.

Faliraki is not only the place to organize this special festival, but also the place where the most traditional product of Rhodes is produced. Our hotel participated with our Chef's team.





Our Staff Party 2022





With deputy Tourism Minister Mr. Manos Konsolas, in our staff party (2019).

Measuring and Monitoring Performance

However, this is only the beginning. Over the next few years, we will address new and major challenges in order to fulfill our vision in responsible and sustainable ways. Our collective efforts will increasingly focus in the areas where we think Mythos Beach Resort can have the greatest impact - creating pathways to opportunities for young people, building stronger and thriving communities and preserving our environment.

We hope to continue getting closer to the ideal leading and socially relevant company with the ambition to continue contributing with our activity to breaking down barriers and fostering socioeconomic development of the destination where we operate.

Stavros Panayides Hotel Manager Mythos Beach Resort



Articles And Letters

ΑΦΙΕΡΩΜΑ

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EPSILON7

των επιχειρήσεων που επιδιώκουν να εξασφαλίσουν το μέγιστο βαθμό επιχειρησιακής ετοιμότητας και συνέχειας στα νέα δεδομένα που διαμορφώνονται. Η υπηρεσία απευθύνεται σε όλες τις επιχειρήσεις προκειμένου να αξιολογήσουν το επίπεδο εφαρμογής των απαιτούμενων υγειονομικών πρωτοκόλλων για την πρόληψη μετάδοσης μεταδοτικών ασθενειών.

Η TÜV HELLAS (TÜV NORD), με την ολοκλήρωση του ελέγχου θα εκδίδει αναλυτική αναφορά που θα περιλαμβάνει τη συμμόρφωση με τις τρέχουσες νομοθετικές απαιτήσεις. Στα οφέλη για τις επιχειρήσεις που θα συμμετάσχουν και θα λάβουν τη συγκεκριμένη υπηρεσία ελέγχου συμπεριλαμβάνεται η επιβεβαίωση της συμμόρφωσης με την κείμενη νομοθεσία από έναν τρίτο ανεξάρτητο Οργανισμό, προσφέροντας αντικειμενικότητα και αμεροληψία καθώς και η αύξηση του επιπέδου εμπιστοσύνης των πελατών.

Μέτρα πρόληψης και διαχείρισης COVID – 19 στο ξενοδοχείο Mythos Beach Resort

ΣΤΑΥΡΟΣ ΠΑΝΑΓΙΔΗΣ, Διευθυντής του Ξενοδοχείου Mythos Beach Resort



ο αίσθημα ασφάλειας κατά τη διαμονή θα αποτελέσει το μεγαλύτερο επιχείρημα στον αγώνα για την επιστροφή των επισκεπτών στις ξενοδοχειακές μονάδες και για αυτό το λόγο πρέπει να πεισθούν ότι οι πιθανοί κίνδυνοι είναι τόσο λίγοι, ώστε να μπορέσουν να πραγματοποιήσουν

κρατήσεις χωρίς επιφυλάξεις.

Θεωρώντας την υγεία και την ασφάλεια των επισκεπτών και του προσωπικού μας ως κορυφαία προτεραιότητά μας, σε συνεννόηση με τις οδηγίες και τις συστάσεις Υπουργείου Υγείας και Τουρισμού, έχουμε επινοήσει και θέσει σε εφαρμογή ένα ολοκληρωμένο σχέδιο υγείας και ασφάλειας που προβλέπει όλα τα μέτρα, τις προδιαγραφές και τις διαδικασίες σε όλα τα ξενοδοχειακά τμήματα για την αντιμετώπιση του νέου COVID-19. Η διεύθυνση και όλα τα μέλη του προσωπικού έχουν δεσμευτεί να προσφέρουν μια ξέγνοιαστη και ασφαλή διαμονή στους επισκέπτες μας,

Υποδοχή

 Στην υποδοχή (reception) υπάρχει διαφανές διαχωριστικό μεταξύ του προσωπικού και των πελατών μέχρι ύψους κατάλληλου για προστασία των ατόμων έκαστης πλευράς από την άμεση επαφή με την αναπνοή των ατόμων στην άλλη πλευρά.

TUV HELLAS

 Υπάρχει σήμανση στα δάπεδα για διασφάλιση της τήρησης των αποστάσεων.

safe restart

 Υποχρεωτική διασπορά πελατών κατά τη διάρκεια του «check-in» και διευθέτηση της εν λόγω υπηρεσίας σε διαφορετικά χρονικά διαστήματα.

Κοινόχρηστοι Χώροι

- Επαυξημένη καθαριότητα και απολύμανση σε όλους τους χώρους που παρατηρείται επαφή
- 2. Τοποθέτηση «σταθμών υγείας» σε όλους τους χώρους, οι οποίοι θα διαθέτουν αντισηπτικά.
- 3. Ενημέρωση των επισκεπτών για τη σωστή εφαρμογή των προληπτικών μέτρων
- Αλκοολούχα αντισηπτικά, σαπούνια και μαντήλια σε κάθε τουαλέτα

Δωμάτια

Η ετοιμασία δωματίου απαιτεί αυστηρό πρωτόκολλο κα-Θαρισμού – απολύμανσης, με ιδιαίτερο σχολαστικό έλεγχο όλων των επικρανειών και εξοπλισμών.

- Επαυξημένη καθαριότητα και απολύμανση σε όλα τα δωμάτια και τα λουτρά
- 2. Απολύμανση των χώρων συχνής επαφής

977

- 3.Τα κλινοσκεπάσματα από δωμάτια που έχει καταγραφεί μόλυνση θα τοποθετούνται σε ξεχωριστές σακούλες και θα πλένονται στους 60 με 90 βαθμούς
- 4. Καθαρισμός επίπλων με ατμό και απολυμαντικά.
- 5. Εξαερισμός των δωματίων μετά την αναχώρηση

Εστίαση-Γαστρονομία

Αυστηρές ορθές πρακτικές υγιεινής, καθαρισμού και απολύμανσης στον τομέα των τροφίμων (παραγωγή και υπηρεσίες) με την αυστηρή εφαρμογή των κανονισμών ΗΑCCP. Επιλογές ανέπαφης πληρωμής διατίθενται σε όλα τα μπαρ και τα εστιατόρια Το προσωπικό είναι εξοπλισμένο με Μέσα Ατομικής Προστασίας κατά τη λειτουργία των μπαρ και των εστιατορίων. Το ωράριο λειτουργίας πρωινού και δείπνου επεκτείνεται. Αν χρειαστεί θα εφαρμόζεται διπλό seating. Το φαγητό προσφέρεται υπαίθρια σε πληθωρικούς συνδυασμούς Live Grill Stations & Cooking. Τα γεύματα στα a la carte εστιατόρια σερβίρονται εξολοκλήρου.

- Υψηλά standards υγιεινής και ασφάλειας τροφίμων καθώς και αυστηρά μέτρα προσωπικής υγιεινής για τους εργαζόμενους
- Απολύμανση όλων των επικρανειών και των τραπεζιών μετά από κάθε χρήση
- 3. Μείωση των διαθέσιμων θέσεων
- 4. Ανά τραπέζι θα επιτρέπονται 4 άτομα ανά 10 τ.μ
- 5. Μενού μίας χρήσης ή ψηφιακά και ανέπαφα.

Πισίνες- Παραλία

Παρέχεται άφθονος χώρος για ξαπλώστρες και ομπρέλες, τόσο στις πισίνες όσο και στην παραλία, ώστε να τηρούνται με άνεση οι προβλεπόμενες αποστάσεις ασφάλειας, σύμφωνα με τα εθνικά πρότυπα.

- 1. Απολύμανση των καθισμάτων μετά από κάθε χρήση
- 2. Απόσταση 2 μέτρων μεταξύ των καθισμάτων
- Συχνή επανακυκλοφορία του νερού στην πισίνα (τουλάχιστον κάθε 4 ώρες)
- Συχνός έλεγχος των επιπέδων χλωρίνης, της αλλαγής του νερού και του ελέγχου του pH μεταξύ άλλων.

Σπορ, Δραστηριότητες & Ψυχαγωγία

Έμφαση σε αθλήματα που πραγματιοποιούνται στην ύπαιθρο, σε θαλάσσιες δραστηριότητες, Συστήνουμε μικρότερες ομάδες ή οικογένειες και κρατάμε αποστάσεις Γήπεδα ποδόσφαιρου, Basket Ball, Volley Ball, Tennis και Mini Golf είναι διαθέσιμα για οικογένειες. Ο εξοπλισμός απολυμαίνεται σε τακτά χρονικά διαστήματα και ανάμεσα στις χρήσεις. Σε εξωτερικούς κυρίως χώρους διασκεδάζουμε με ζωντανή μουσική, DJ, καλλιτεχνικές παραστάσεις κ.ά. Έχουμε επινοήσει και θέσει σε εφαρμογή ένα ολοκληρωμένο σχέδιο υγείας και ασφάλειας που προβλέπει όλα τα μέτρα, τις προδιαγραφές και τις διαδικασίες σε όλα τα ξενοδοχειακά τμήματα για την αντιμετώπιση του νέου COVID-19

Υγιεινή Χεριών

Διάθεση αλκοολούχων αντισηπτικών για τους εργαζόμενους και τους επισκέπτες σε όλους τους χώρους του ξενοδοχείου.

Κλιματισμός και εξαερισμός

Όλες οι μονάδες στα δωμάτια και τους κοινόχρηστους χώρους λειτουργούν με ασφάλεια. Τα κεντρικό σύστημα εξαερισμού συντηρείται μέσω της συνεχούς λειτουργίας και μεταφέρει φρέσκο αέρα βάσει των τελευταίων νομοθετικών διατάξεων και η επανακυκλοφορία του δεν αποτελεί πρόβλημα για την υγεία των επισκεπτών.

Κοινωνική Απόσταση

- Δε θα επιτρέπεται η ταυτόχρονη άφιξη μεγάλων ομάδων ατόμων
- Συστήνεται η αποφυγή συγχρωτισμού για άτομα με υποκείμενα νοσήματα σε χώρους όπως τα γυμναστήρια.
- Τήρηση απόστασης 1.5 μέτρου και υπενθύμιση μέσω σημάνσεων

Ενημερωτική σήμανση με πληροφορίες σχετικά με τη διαδικασία και τις διαδρομές καθαριότητας είναι αναρτημένη σε όλους τους κοινόχρηστους χώρους Οδηγίες χρήσης ανελκυστήρα από ένα άτομο ή μια οικογένεια.

Το Mini Market και Rent a Car Desk λειτουργούν στα ξενοδοχεία μας σύμκρωνα με το ισχύον νομοθετικό πλαίσιο.

Προσωπικό

Όλοι οι υπάλληλοι του ξενοδοχείου μας, έχουν λάβει ολοκληρωμένη εκπαίδευση και πιστοποίηση για τα επιμέρους υγειονομικά πρωτόκολλα που θα εφαρμόζονται στο Ξενοδοχείο μας κατά τα προβλεπόμενα. ■

Sustainable And Equitable Accommodation With TraveLife

Mythos Beach smells good, feels good, do good!

Read more



15-05-30

After a wonderful week in Greece, on the green and beautiful Rhodes and the great Mythos Beach, I'm pretty happy with life. Satisfied with the rays of the sun having warmed up my body, and sun lounger that welcomed my complaining and torn limbs, but above all happy with my choice of hotel. And after my meeting with Stavros even slightly more satisfied.

Stavros Panayides is his name - the man who runs Mythos Beach towards a greener future, in two senses. Not only has the hotel been awarded with Certificate of Excellence (TripAdvisor) several times and is full of happy guests throughout the season, but Mythos Beach has also been awarded a TraveLife Gold Award. A TraveLife Gold Award does not just mean that they have policies and procedures in place to actively reduce its negative environmental footprint but also to fair working conditions prevail, the use of unhealthy and harmful chemicals decreases and that they are working to engage tourists and involve the local community.

After a coffee with ice and a lot of scrolling in the "green" paper, we take a walk "back-stage". I'm not there as a reviewer but rather as a fanatical eco interested guest which certainly works as a CR-ordinator at the Apollo. He shows me the garbage sorting station with paper press, BMS (Building Management System) with impressive numbers and the solar panels which accounts for 70 percent of the hotel's hot water supply.

Furthermore, we walk over to the herb garden and smell the exuberant abundant rosemary, thyme and mint - fresh, to say the least locally grown herbs that are used in daily cooking. A magical oasis which I like to take home with me. During the walk Stavros tells me about their involvement with the surrounding schools and disabled, and how they offer facilities for both educational purposes as well as an opportunity leisure with activities. He also tells us that they sometimes per season engage guests in cleaning the beach and planting trees and shrubs in the surrounding area. Two shining examples of the involvement of the local community where the visiting guests were involved.

On the way back to my room (where, by the way, the towels are NOT changed every day if you do not want it), I stop in front of the sign in a flower bed and read "Our gardens are Irrigated with recycled water".

How often have you seen it in a flower bed in a hotel? I can say often.

Pernilla Enkler Corporate Responsibility Coordinator, Apollo Kuoni Nordic

Abta Hails Success of Make Holidays Greener 2022 Campaign

by Phil Davies Sep 11th 2022, 12:50



The travel industry raised awareness of greener holidays to thousands of holidaymakers worldwide via a summer campaign run by Abta and Travelife for Hotels and Accommodation.

As well as a long-standing beach clean activity, the Make Holidays Greener initiative introduced 15 pledges to help holidaymakers be more sustainable on holiday.

The 15 pledges covered all aspects of a holiday from taking care of the local environment to supporting local communities in holiday destinations and included simple actions like eating local food to saying no to plastic. There was also the option to design your own pledge.

More than 840 pledges were made by holidaymakers.

Eating and drinking at local restaurants was the most popular pledge, with 213 holidaymakers saying they would do this on their summer holiday.

Another 79 promised to switch off electricity, 79 said they would reduce, reuse and recycle on holiday and 72 said they would learn the local language and talk to the locals.

More than 2,500 people were estimated to have been involved in 79 beach clean-ups this year. So far 4,660kg of rubbish has been collected across 17 countries worldwide.

Abta member, Noble Caledonia gave their customers the opportunity to take part in a clean-up as part of an expedition aboard MS Hebridean Sky in Norway.

Two Travelife Gold Hotels including Diamonds La Gemma dell' Est in Zanzibar and Atlantica Princess in Rhodes in Greece both managed to collect 350kg of rubbish each.

Barrhead Travel committed to a plastic free day in its office, while Midcounties Co-operative encouraged customers to make a pledge to receive extra loyalty points.

Tui Group will have completed 49 beach cleans by the end of September having already collected 1,700kg of waste throughout July and August.

Thomas Cook Mexico organised a turtle conservation project and other Abta members have been actively promoting the 15 pledges using the hashtag #MHG17 on social media.

The association's destinations and sustainability director Nikki White said: "We are delighted with the number of pledges that holidaymakers and the travel industry have made to reduce and improve their environmental and socio-economic impacts in destinations.

"Make Holidays Greener 2022 has raised awareness of the various ways we can help through the 15 pledges which also included buying local souvenirs, protecting local children and saving water. I would like to thank everyone who has taken part this year."

Stavros Panayides, manager of Mythos Beach Resort, Travelife Gold certified hotel in Rhodes, said: "We have been participating in the Make Holidays Greener campaign for some years. In particular, we have involved a special needs children's school and an orphanage to participate in the beach clean-ups as well as our guests and staff members.

"We wanted to highlight the importance of keeping the environment clean and to maintaining the natural habitat and we believe it sets a good example to surrounding businesses. We look forward to participating in next year's campaign."

Comments

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